

Plastic Pressure Piping Materials for Plumbing & Mechanical Applications

A presentation by the Plastics Pipe Institute





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The Plastics Pipe Institute

PPI Represents All Sectors of the Plastic Pipe Industry

- PPI was formed in 1950 to develop test methods for plastic pressure pipes
- Today: Non-profit trade association serving North America

PPI Mission: To advance the acceptance and use of plastic pipe systems through research, education, technical expertise and advocacy

Members: PPI members share a common interest in broadening awareness and creating opportunities that expand market share and extend the use of plastics pipe in all of its many applications

2020: Over 170 members firms involved with the plastic pipe industry around the world

Website: www.plasticpipe.org

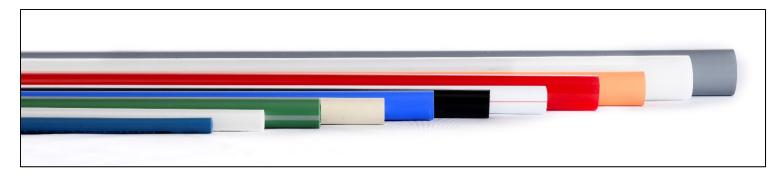


The Plastics Pipe Institute

PPI Represents All Sectors of the Plastic Pipe Industry

- PPI's five divisions focus on solutions for multiple applications:
 - Building & Construction Division (BCD)
 - Drainage
 - Energy Piping Systems
 - Municipal & Industrial
 - Power & Communications

BCD Materials: PEX, CPVC, PE-RT, PEX-AL-PEX, PP, HDPE (Geothermal)





The Plastics Pipe Institute

PPI's Building & Construction Division (BCD)

BCD is focused on plastic pressure pipe and tubing systems used within buildings and on building premises for applications such as plumbing, water service, fire protection, hydronic heating and cooling, snow and ice melting, district heating and cooling, and ground source geothermal piping systems.

BCD involvement with industry groups:























Course Introduction – Part I

Specifiers and designers of plumbing and mechanical systems have options when selecting the optimal pipe material for each application

- Considerations include availability, cost, durability, convenience of handling and joining, safety for drinking water, and long-term reliability, which includes factors such as resistance to corrosion, mineral build-up, and disinfectants
- Other selection factors include sound, vibration, and heat transfer
- This course will demonstrate that there is an <u>affordable and reliable</u> plastic pressure pipe and fitting material for practically every plumbing and mechanical piping application



Course Introduction – Part II

This course will also describe the proper use of plastic pressure pipe systems for various applications:

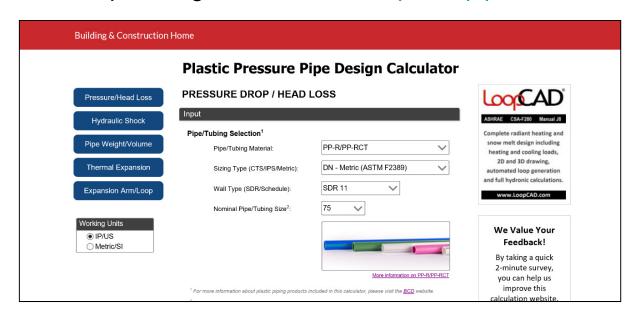
- Plumbing distribution (hot- and cold-water supply)
- Fire protection (sprinklers)
- Hydronic heating and cooling (including radiant heating & cooling)
- Snow & ice melting (for outdoor surfaces)
- Geothermal ground loops (geothermal)
- District heating applications (buried pipelines)



Course Introduction – Part III

This course will show how to access tools for plastic pipe systems:

- PPI Website
- Other industry websites
- Plastic Pressure Pipe Design Calculator www.plasticpipecalculator.com





Course Outline

By the end of this course, you will be able to:

- **1.** Describe the <u>piping materials</u> CPVC, HDPE, PEX, PE-RT & PP in terms of material properties, capabilities, joining systems, applications, standards, and code compliance
- 2. Indicate where and how to use these materials in <u>applications</u> such as plumbing distribution, fire protection, hydronic heating and cooling, snow & ice melting, geothermal ground loop, and district heating applications
- **3.** Discuss the <u>design</u> of piping materials in terms of sizing for flow, pressure loss, thermal expansion/contraction, etc. using a publicly-available software program
- **4.** Explain how to access industry <u>resources</u> related to selecting and specifying the right piping material(s) for various applications



This Learning Objective will describe piping materials in terms of material properties, joining systems, applications, standards, and code compliance

Prologue Universal requirements

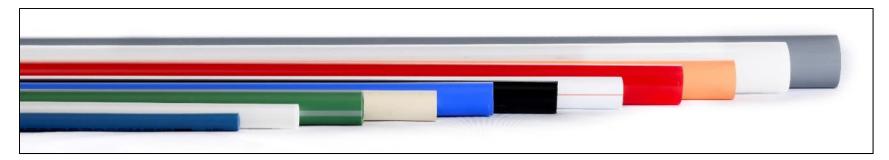
1.a CPVC chlorinated polyvinyl chloride

1.b HDPE high-density polyethylene

1.c PEX crosslinked polyethylene

1.d PE-RT polyethylene of raised temperature resistance

1.e PP polypropylene





Universal Requirements: Drinking Water Safety

- <u>All</u> plastic tubing, pipes and fittings intended for potable (drinking) water shall meet the requirements of **NSF/ANSI/CAN Standard 61** *Toxicological Evaluation for Materials*

in Contact with Drinking Water ("Health Effects")

1.1 Purpose "This Standard establishes minimum health effects requirements for the chemical contaminants and impurities that are indirectly imparted to drinking water from products, components, and materials used in drinking water systems."



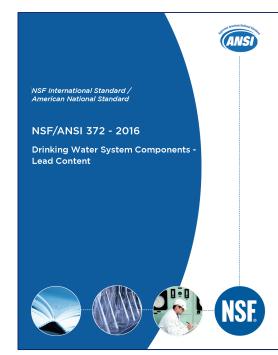


Universal Requirements: Lead-free components

- <u>All</u> plastic tubing, pipes and fittings intended for potable (drinking) water shall meet the requirements of **NSF/ANSI Standard 372**: *Drinking Water System Components, Lead*

Content

- **1.1 Purpose** "This Standard establishes procedures for the determination of lead content based on the wetted surface area of products."
- **1.2 Scope** "The standard applies to any drinking water system component that conveys or dispenses water for human consumption through drinking or cooking."





Universal Requirements: Dimension Ratios

- Most* plastic pipe and tubing uses a Standard Dimension Ratio (SDR)
- Standard Dimension Ratio the ratio of outside diameter to wall thickness, calculated by dividing the average outside diameter of the tubing by the minimum wall thickness
- Examples:
 - PEX tubing is **SDR 9** (wall thickness is 1/9 of the OD)
 - CPVC tubing is **SDR 11** (wall thickness is 1/11 of the OD)

- Within a *Standard Dimension Ratio*, each diameter of the pipe type has the same pressure capability & rating (e.g. ½, ¾, 1, 2, etc.)

*Exception: Pipes that follow **Schedule 40/80** dimension schemes



Universal Requirements: Design Factor / Safety Factor

- <u>All</u> plastic tubing, pipes and fittings have inherent safety factors for the intended applications based on prescribed <u>Design Factors</u> listed within product standards
- Pressure-Temperature ratings are based on an extrapolated time-to-failure prediction using a **0.50* Design Factor** on pressure
 - Actual capability is typically 2 times the listed (i.e. labeled) pressure rating
- Plastic systems demonstrate Long-term Hydrostatic Strength (LTHS) through established test methods such as ASTM D2837 and listings according to
 PPI TR-3 Policies and Procedures for Developing Hydrostatic Design Basis (HDB) and Hydrostatic Design Stresses (HDS) for Thermoplastic Piping Materials

*Certain HDPE materials utilize a 0.63 design factor



Universal Requirements: Flame and Smoke Ratings

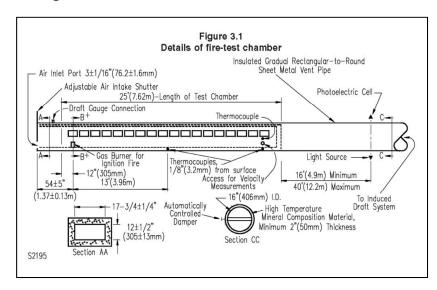
- If plastic pipe is to be installed within a return air plenum that requires "non-combustible materials", then the materials must demonstrate a <u>flame spread rating ≤ 25</u> and a <u>smoke spread rating ≤ 50</u>

- These values are generated in standardized testing in accordance with ASTM E84

test method using the "Steiner Tunnel" test

 2018 Uniform Mechanical Code requires ASTM E84 testing

- Details of fire-test chamber from UL 2846





Universal Requirements: Flame and Smoke Ratings

- If plastic pipe is to be installed within a return air plenum that requires "non-combustible materials", then the materials must demonstrate a peak optical density ≤ 0.50 , an average optical density ≤ 0.15 , and a flame spread distance not greater than $\frac{5}{6}$ feet

- These values are generated in standardized testing in accordance with **UL 2846** test

method using the "Steiner Tunnel" test

 2018 International Mechanical Code requires UL 2846 or ASTM E84 testing

- Steiner Tunnel at UL LLC





Universal Benefits: Plastic Piping Systems are Sustainable and Safe

- No mining operations for the ore
- Lower cost to the environment for production
- Much lower energy cost to produce plastic as compared with metal pipes
- Smooth wall, excellent flow characteristics reduce pumping costs
- Flexibility can dampen water hammer, reducing pressure spikes
- Materials do not add minerals to drinking water, do not support biofilm growth
- Proven long life and durability provides value and reliability
- Light weight reduces transportation volume and costs
- Plastic systems protect health, safety & welfare!
- Steel pipe with corrosion and build-up











1.a Chlorinated Polyvinyl Chloride: CPVC

- A high-temperature pressure piping system; up to 200°F (93°C)
- Introduced for potable plumbing in 1959
- Introduced for fire protection in 1985
- Also used for hydronic heating & cooling, industrial and process piping applications

Common types:

- CPVC 4120-05, CPVC 4120-06 (material designation codes)









CPVC: Advantages

- Safety of potable water and long-term reliability
- Corrosion resistance, no mineral build-up
- Resistant to disinfectants chlorine and chloramines
- No flame used for joining; solvent cement or mechanical joints
- Ease of installation with professional appearance
- Universal compatibility of pipes/fittings
- Lightweight, easy to transport
- Lower installed cost than metal pipes
- No scrap value; avoid jobsite theft





CPVC: Configurations

- CPVC is provided in straight lengths
- Available in Copper Tube Size (CTS), Iron Pipe Size (IPS) different ODs and IDs
- Fittings are molded in both CTS and IPS sizes
- Specific compounds for plumbing, hydronics and fire protection applications









CPVC: Fittings/Joining

- CPVC pipe & fittings are joined via: i. Solvent Cement; ii. Grooved mechanical fittings
- i. Solvent Cement joints use liquid cement that "welds" pipes to fittings for secure joints
 - Available in nominal sizes from 1/2 in. to 12 in.
 - Specific processes are described in material standards and installation manuals









CPVC: Fittings/Joining

- CPVC pipe & fittings are joined via: i. Solvent Cement; ii. Grooved mechanical fittings
- ii. Grooved mechanical fittings connect pipes to fittings, once pipe ends are prepared
 - Specific processes are described in material standards and installation manuals







CPVC: Product Standards

- ASTM D2846: CTS tubing & fittings for potable water; sizes 1/4 to 2 in. nominal
- ASTM F437: Schedule 80 Threaded CPVC fittings
- ASTM F438: Schedule 40 Socket-type CPVC fittings
- ASTM F439: Schedule 80 Socket-type CPVC fittings
- **ASTM F441**: Schedule 40 and 80 pipe sizes; sizes ½ to 16 in. nominal
- ASTM F442: IPS pipe sizes; sizes ½ to 12 in. nominal
- ASTM F493: Solvent Cements for CPVC pipe and fittings
- CSA B137.5: All sizing types; sizes ½ to 12 in. nominal







CPVC: Properties

- Product standards establish capabilities and test requirements, such as:
 - Materials
 - Workmanship
 - Dimensions and tolerances
 - Quick burst pressures
 - Long-term (sustained) pressure ratings
 - Thermocycling resistance
 - Solvent Cement and Adhesives
 - Test Methods
 - Marking requirements
 - More...







CPVC: Short-term Burst Pressure

- Product standards have requirements for short-term burst pressure at 73°F (23°C)
- CPVC Pipe Minimum Requirements:
 - **ASTM F442:** <u>1,250 psi</u> for SDR 11 wall thickness; <u>1,000 psi</u> for SDR 13.5; etc.



TABLE 4 Burst Pressure Requirements for Water at 73°F (23°C) for CPVC 4120 Plastic Pipe

| SDR | Minimum Burst Pressure ^A | | |
|------|-------------------------------------|---------|--|
| | psi | kPa | |
| 11 | 1250 | [8 620] | |
| 13.5 | 1000 | [6 890] | |
| 17 | 800 | [5 520] | |
| 21 | 630 | [4 340] | |
| 26 | 500 | [3 450] | |
| 32.5 | 400 | [2 760] | |

^A The fiber stress used to derive these test pressures is 6400 psi [44.1 MPa].



CPVC: Long-term (Sustained) Pressure

- Product standards have requirements for long-term (sustained) pressure ratings:
- CPVC <u>Tubing & Fitting Assembly</u>, Minimum Requirements:
 - ASTM D2846: 364 psig at 180°F for SDR 11 wall thickness

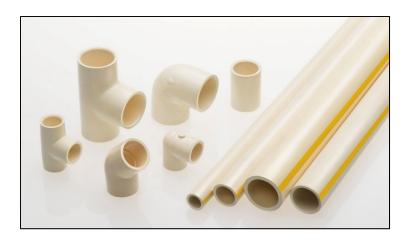


TABLE 5 Minimum Hydrostatic Sustained Pressure Requirements for CPVC 4120, SDR 11, Pipe, Tubing, and Fitting Assemblies Tested in Either Water or Air Bath External Environment at 180°F [82°C1^A]

| Test Con- | Test Dura- | Hydrostatic Test Pressure | | |
|-----------|------------|---------------------------|------------------------|--|
| dition | tion | Water Bath | Air Bath | |
| | 6 min | 521 psi | 551 psi | |
| 0 | 4 h | [3 590 kPa] | [3 800 kPa] | |
| | 4 h | 364 psi (2 510 kPa) | 403 psi [2 780 kPa] | |



CPVC: Code Compliance

- **Plumbing**: CPVC pipe and fittings are listed within model codes such as the International Plumbing Code (IPC), Uniform Plumbing Code (UPC), and National Standard Plumbing Code (NSPC) for plumbing distribution
- **Mechanical**: CPVC pipe and fittings are listed within model codes such as the *International Mechanical Code* (**IMC**), *Uniform Mechanical Code* (**UMC**), and *Uniform Solar, Hydronics, and Geothermal Code* (**USHGC**) for hydronic piping







1.b High Density Polyethylene: HDPE

- A medium-temperature pressure piping system; up to 140°F (60°C)
- Introduced for potable water in the 1960s
- Bimodal materials introduced in the 2000s third generation of HDPE
- Used for municipal water/sewer; geothermal ground loop pipes, low-temperature (chilled water) district cooling

Common types:

- PE 3608, PE 4710 (material designation codes)

Coil of HDPE piping with molded U-bend already fused to pipe ends





HDPE: Advantages

- Safety of potable water and long-term reliability
- Corrosion resistance, no mineral build-up
- Resistant to disinfectants chlorine and chloramines
- No flame used for joining; heat fusion or mechanical joints
- Lightweight, easy to transport
- Lower installed cost than metal pipes
- No scrap value; avoid jobsite theft
- Strong and tough material





HDPE: Configurations

- HDPE tubing is available in coils or straight lengths, depending on the customer preference, the diameter, and the application
- HDPE tubing is Copper Tube Size (CTS); typical for water service
- <u>HDPE pipe</u> is Iron Pipe Size (IPS); typical for geothermal ground loops
- Typically black for long-term UV resistance







HDPE: Fittings/Joining

- HDPE connections are typically via heat fusion
 - 1. Butt fusion (pipe-to-pipe or fitting-to-fitting) joints according to ASTM Standard D3261
 - 2. Socket fusion (pipe-to-fitting) joints according to ASTM Standard D2683
 - 3. Electrofusion (pipe-to-fitting) joints according to ASTM Standard F1055
- Fusion joints shall be installed in accordance with ASTM Practice F2620



Socket and Butt fusion joints



Electrofusion fitting



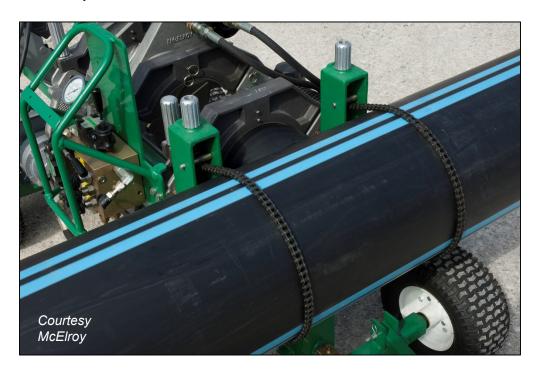
Socket fusion caps for testing



HDPE: Fittings/Joining

- ASTM F2620 Standard Practice for Heat Fusion Joining of Polyethylene Pipe and Fittings

- First published in 2006, latest edition 2019







HDPE: Fittings/Joining

- Geothermal U-bends can be fabricated from elbows, or
- Molded from the same polymer as the pipe material



U-bend fabricated with butt-fused elbows



Molded HDPE U-bend already fused to pipe ends



Coil of HDPE pipe with U-bend



HDPE: Fittings/Joining

- Grooved mechanical fittings connect pipes to fittings







HDPE: Code Compliance

- **Plumbing**: HDPE pipe and fittings are listed within model codes such as the *International Plumbing Code* (**IPC**), *Uniform Plumbing Code* (**UPC**), and *National Standard Plumbing Code* (**NSPC**) for water service pipes
- **Mechanical**: HDPE pipe and fittings are listed within model codes such as the *International Mechanical Code* (**IMC**), *Uniform Mechanical Code* (**UMC**), and *Uniform Solar, Hydronics, and Geothermal Code* (**USHGC**) for hydronic piping







1.c Crosslinked Polyethylene: PEX

- A flexible high-temperature pressure piping system; up to 200°F (93°C)
- Introduced for radiant heating in the early 1970s in Europe
- Introduced to USA and Canada in early 1980s for heating and plumbing
- Today, PEX tubing systems are used for water service lines, hot- and cold-water distribution, radiant heating and cooling, outdoor snow and ice melting, residential fire protection, geothermal ground loops, district heating & cooling, and other demanding applications

Common types:

- PEX 1006, PEX 3206, PEX 5106 (material designation codes*)

*For PEX, the 1st digit refers to chlorine resistance, the 2nd digit refers to UV resistance, and the 3rd and 4th digits refer to hydrostatic strength

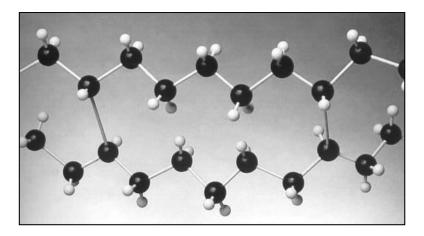




PEX: Formal Definition

- "Crosslinked Polyethylene is a polyethylene material which has undergone a change in molecular structure using a chemical or a physical process whereby the <u>polymer</u> <u>chains are chemically linked</u>.

Source: PPI Technical Note 17 "Crosslinked Polyethylene Pipe & Tubing"





PEX: Advantages

- Safety of potable water and long-term reliability
- Corrosion resistance, no mineral build-up
- Resistant to disinfectants chlorine and chloramines
- No flame used for joining; compression-style fittings
- Ease of installation with professional appearance
- Noise and water hammer resistance
- Many fitting and joining options
- Lightweight, easy to transport
- Lower installed cost than metal pipes
- No scrap value; avoid jobsite theft





PEX: Configurations

- PEX tubing is available in coils or straight lengths, depending on the customer preference, the diameter, and the application
- PEX tubing is Copper Tube Size (CTS); PEX pipe is Iron Pipe Size (IPS) or DN size
- PEX is available in natural, white, or colors such as red, white, blue, black, orange









Courtesy BOW x 3



PEX: Oxygen Diffusion Barrier

- Oxygen (O₂) from the atmosphere can permeate or diffuse (pass through) the wall of plastic pipes and be absorbed into the heating system water
- Polyolefin materials (HDPE, PEX, PE-RT, PP, etc.) can allow oxygen to permeate
- This may cause corrosion of iron or steel components or certain aluminum heat exchangers (causes no harm to the tubing itself)

Solution:

- Certain PEX tubing has an oxygen diffusion barrier (layer) to resist permeation
- This oxygen diffusion barrier is required when pipes are used in most closed-loop hydronic systems with ferrous components



PEX: Fittings/Joining

- There are several types of "compression" fittings designed for use with PEX tubing
- PEX fittings are produced from lead-free brass alloys and engineered polymers
- Lead-free brass alloy fittings are in compliance with latest SDWA
- **Polysulfone** (PLS) and **polyphenylsulfone** (PPSU) are thermoplastic polymers known for their toughness, stability at high temperatures, and chlorine resistance
- These are the typical polymers used for fittings and manifolds as part of PEX systems
- <u>HDPE Electrofusion</u> fittings can also be used with some PEX materials







ASTM F1807 Crimp ring fitting
Available in lead-free brass



ASTM F1807 copper crimp ring (not to scale!)



ASTM F2159 polymer crimp fitting



Typical Crimp ring fitting assembly tool









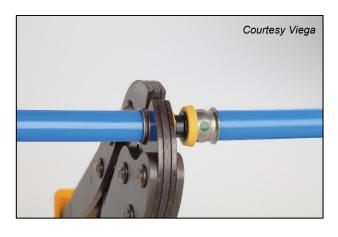


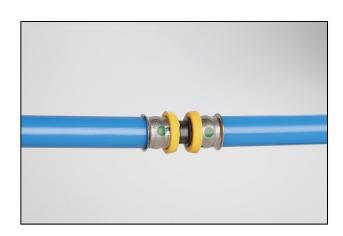


ASTM F1960 Cold-expansion fitting using a PEX ring Available in polymer and lead-free brass









ASTM F3347/F3348 Press fittings using stainless steel sleeve.

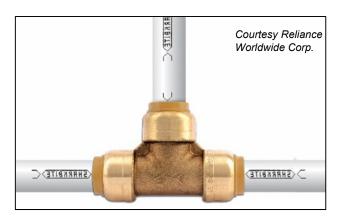
Available in polymer and lead-free brass.











ASSE 1061 Push-fit fittings

Available in polymer and lead-free brass







ASTM F1055 Electrofusion fitting
Molded HDPE fitting with embedded wire





PEX: Product Standards

- **ASTM F876**: CTS sizes; nominal diameters ½ to 6 in.
- **ASTM F877**: CTS "systems" fittings, manifolds, assemblies, etc.
- ASTM F2788: IPS sizes in nominal diameters 3 to 54 in.; DN sizes 16 to 1,000 mm
- ASTM F3253: CTS PEX tubing with oxygen diffusion barrier
- CSA B137.5: CTS sizes; nominal diameters ¼ to 6 in. (harmonized with F876)
- More than ten ASTM standards for various fitting designs







PEX: Product Standards

- Product standards establish capabilities and test requirements, such as:
 - Materials
 - Workmanship
 - Dimensions and tolerances
 - Degree of Crosslinking
 - Quick burst pressures
 - Long-term (sustained) pressure ratings
 - Thermocycling resistance
 - Chlorine resistance
 - UV resistance
 - Excessive pressure-temperature capability
 - Hot-bend and cold-bend tests
 - Marking requirements
 - More...







PEX: Short-term Burst Pressure

- Product standards have requirements for short-term burst pressure
- PEX Tubing & Fitting Assembly Minimum Requirements:
 - **ASTM F876**: <u>475 psig</u> at 73°F; <u>210 psig</u> at 180°F (for tubing)
 - **ASTM F877:** 475 psig at 73°F; 210 psig at 180°F (for connections)
- Fittings/connections must have same capabilities as the tubing





PEX: Long-term (Sustained) Pressure

- Product standards have requirements for <u>long-term</u> (sustained) pressure ratings:
- PEX Tubing & Fitting Assembly Minimum Requirements:
 - **ASTM F876**: <u>160 psig</u> at 73°F, <u>100 psig</u> at 180°F (for tubing)
 - **ASTM F877:** <u>160 psig</u> at 73°F, <u>100 psig</u> at 180°F (for connections)
- Fittings/connections must have same capabilities as the tubing





PEX: Oxidative Resistance Testing

- All PEX intended for use with potable water must have a minimum extrapolated lifetime of **50 years** when tested in accordance with **ASTM Test Method F2023**
- **ASTM F2023** Standard Test Method for Evaluating the Oxidative Resistance of Crosslinked Polyethylene (PEX) Tubing and Systems to Chlorinated Hot Water
- "Extrapolated time-to-failure" of tubing at each end-use condition (1, 3, 5) is calculated using Miner's Rule formula based on end-use conditions of 80 psig @ 140°F
- See PPI TN-53 Guide to Chlorine Resistance Ratings... for more information

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PEX: Code Compliance

- **Plumbing**: PEX pipe and fittings are listed within model codes such as the International Plumbing Code (**IPC**), Uniform Plumbing Code (**UPC**), and National Standard Plumbing Code (**NSPC**) for plumbing distribution
- **Mechanical**: PEX pipe and fittings are listed within model codes such as the *International Mechanical Code* (**IMC**), *Uniform Mechanical Code* (**UMC**), and *Uniform Solar, Hydronics, and Geothermal Code* (**USHGC**) for hydronic piping







1.d Polyethylene of Raised Temperature: PE-RT

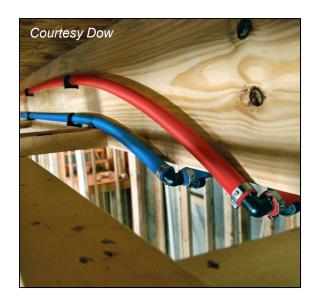
- A high-temperature flexible pressure piping system; up to 180°F (82°C)
- First used for warm-water radiant heating in the 1990s in Europe
- Introduced to North America in the 2000s
- Today, PE-RT systems are used for hot- and cold-water plumbing, water service lines, radiant heating and cooling, outdoor snow and ice melting, district heating & cooling, and other demanding applications





PE-RT: Advantages

- Safety of potable water and long-term reliability
- Corrosion resistance, no mineral build-up
- Resistant to disinfectants chlorine and chloramines
- No flame used for joining; compression-style fittings
- Ease of installation with professional appearance
- Noise and water hammer resistance
- Many fitting and joining options
- Lightweight, easy to transport
- Lower installed cost than metal pipes
- No scrap value; avoid jobsite theft





PE-RT: Configurations

- PE-RT tubing is available in coils or straight lengths, depending on the customer preference, diameter, and the application
- <u>PE-RT tubing</u> is Copper Tube Size (CTS); <u>PE-RT pipe</u> is Iron Pipe Size (IPS)
- PE-RT is available in white or colors such as red, white, blue, black, orange





PE-RT: Oxygen Diffusion Barrier

- Oxygen (O₂) from the atmosphere can permeate or diffuse (pass through) the wall of plastic pipes and be absorbed into the heating system water
- Polyolefin materials (HDPE, PEX, PE-RT, PP, etc.) can allow oxygen to permeate
- This may cause corrosion of iron or steel components or certain aluminum heat exchangers (causes no harm to the tubing itself)

Solution:

- Certain PE-RT tubing has an oxygen diffusion barrier (layer) to resist permeation
- This oxygen diffusion barrier is required when pipes are used in most closed-loop hydronic systems with ferrous components



PE-RT: Fittings/Joining

- PE-RT tubing has same dimensions as PEX tubing, works with most of the same fittings
- PE-RT fittings are produced from lead-free brass alloys and engineered polymers
- Lead-free brass alloy fittings are in compliance with latest SDWA
- **Polysulfone** (PLS) and **polyphenylsulfone** (PPSU) are thermoplastic polymers known for their toughness, stability at high temperatures, and chlorine resistance
- These are the typical polymers used for fittings and manifolds as part of PE-RT systems
- PE-RT may also be joined using heat fusion or grooved mechanical fittings

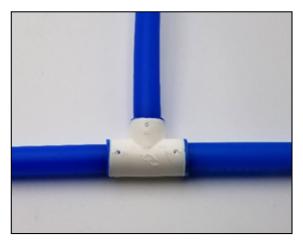




PE-RT: Fittings/Joining

- As an HDPE material, PE-RT pipe can also be joined using heat fusion (welding)
 - Butt fusion HDPE fittings
 - Socket fusion HDPE fittings
 - Electrofusion HDPE fittings



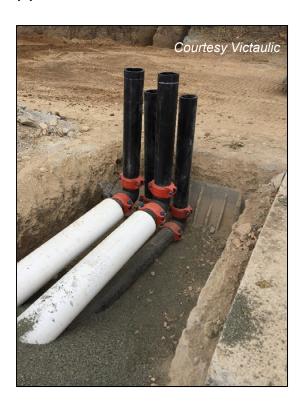






PE-RT: Fittings/Joining

- PE-RT pipe is also available in large diameters for hydronic applications
- Can be joined using grooved mechanical fittings





PE-RT: Product Standards

- ASTM F2623: CTS sizes; nominal diameters ½ to 6 in. for hydronic applications
- **ASTM F2769**: CTS sizes; nominal diameters ½ to 6 in for <u>potable</u> applications
- CSA B137.18: CTS sizes; nominal diameters ½ to 6 in. (harmonized with F2769)







PE-RT: Product Standards

- Product standards establish capabilities and test requirements, such as:
 - Materials
 - Workmanship
 - Dimensions and tolerances
 - Quick burst pressures
 - Long-term (sustained) pressure ratings
 - Thermocycling resistance
 - Excessive pressure-temperature capability
 - Hot-bend and cold-bend tests
 - Marking requirements
 - More...







PE-RT: Short-term Burst Pressure

- Product standards have requirements for short-term burst pressure
- PE-RT Tubing & Fitting Assembly Minimum Requirements:
 - **ASTM F2623**: <u>475 psig</u> at 73°F; <u>180 psig</u> at 180°F (for hydronic systems)
 - **ASTM F2769:** 475 psig at 73°F; 265 psig at 180°F (for potable systems)
- Fittings/connections must have same capabilities as the tubing





PE-RT: Long-term (Sustained) Pressure

- Product standards have requirements for long-term (sustained) pressure ratings:
- PE-RT Tubing & Fitting Assembly Minimum Requirements:
 - **ASTM F2623**: <u>325 psig</u> at 73°F; <u>165 psig</u> at 180°F (for hydronic systems)
 - **ASTM F2769:** <u>325 psig</u> at 73°F; <u>190 psig</u> at 180°F (for potable systems)
- Fittings/connections must have same capabilities as the tubing





PE-RT: Oxidative Resistance Testing

- All PE-RT intended for use with potable water must have a minimum extrapolated lifetime of **50 years** when tested in accordance with **ASTM Test Method F2023**
- **ASTM F2023** Standard Test Method for Evaluating the Oxidative Resistance of Crosslinked Polyethylene (PEX) Tubing and Systems to Chlorinated Hot Water
- "Extrapolated time-to-failure" of tubing at each end-use condition (1, 3, 5) is calculated using Miner's Rule formula based on end-use conditions of 80 psig @ 140°F

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PE-RT: Code Compliance

- **Plumbing**: PE-RT pipe and fittings are listed within model codes such as the International Plumbing Code (IPC), Uniform Plumbing Code (UPC), and National Standard Plumbing Code (NSPC) for plumbing distribution
- **Mechanical**: PE-RT pipe and fittings are listed within model codes such as the *International Mechanical Code* (**IMC**), *Uniform Mechanical Code* (**UMC**), and *Uniform Solar, Hydronics, and Geothermal Code* (**USHGC**) for hydronic piping







1.e Polypropylene Pressure Pipes (PP)

- High-temperature rigid pressure piping systems; up to 180°F (82°C)
- First used in the 1970s in Europe for hydronic heating, then in the 1990s for plumbing
- Introduced to North America in the 2000s
- Two types or grades of PP material available: PP-R and PP-RCT
- PP pressure piping systems are used for hot- and cold-water plumbing, hydronic heating and cooling, industrial and food-grade piping and other demanding applications
- PP pipes also provide resistance to highly acidic and basic solutions





PP: Advantages

- Safety of potable water and long-term reliability
- Corrosion resistance, no mineral build-up
- Resistant to disinfectants chlorine and chloramines
- Heat-fused or mechanical joints; no flame used for joining
- Ease of installation with professional appearance
- Lightweight, easy to transport
- Lower installed cost than metal pipes
- No scrap value; avoid jobsite theft





PP: Configurations

- PP is provided in straight lengths
- Available in Iron Pipe Size (IPS), multiple SDRs depending on pressure requirements
- Fittings are molded to match pipe sizes
- Solid wall pipe is used when thermal expansion/contraction is not a concern
- Fiber-core layer pipe is used when thermal expansion/contraction is a concern

Solid wall pipe on far left and far right

<u>Fiber-core layer</u> pipe inside left and inside right





PP: Fittings/Joining

- PP pipe & fittings are joined via: i. <u>Heat fusion</u>; ii. <u>Electrofusion</u>; iii. <u>Grooved mechanical fittings</u>
- i. Heat Fusion joints are "welded" under pressure to form continuous piping systems
- Specific processes are described in material standards and installation manuals



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PP: Fittings/Joining

- PP pipe & fittings are joined via: i. <u>Heat fusion</u>; ii. <u>Electrofusion</u>; iii. <u>Grooved mechanical fittings</u>
- ii. <u>Electrofusion joints</u> have embedded copper wires that heat the fitting, welding it to pipe ends; computerized machine controls the process





PP: Fittings/Joining

- PP pipe & fittings are joined via: i. <u>Heat fusion</u>; ii. <u>Electrofusion</u>; iii. <u>Grooved mechanical fittings</u>
- ii. Grooved mechanical fittings connect pipes to fittings





PP: Product Standards

- **ASTM F2389**: IPS pipe & fittings; DN sizes 16 355 mm nominal (similar to $\frac{1}{2}$ 14 in.)
- CSA B137.11: All sizing types; sizes 3/8 28 in. nominal









PP: Properties

- Product standards establish capabilities and test requirements, such as:
 - Materials
 - Workmanship
 - Dimensions and tolerances
 - Quick burst pressures
 - Long-term (sustained) pressure ratings
 - Thermal stability
 - Oxidative stability
 - Thermocycling resistance
 - Test Methods
 - Marking requirements
 - More...



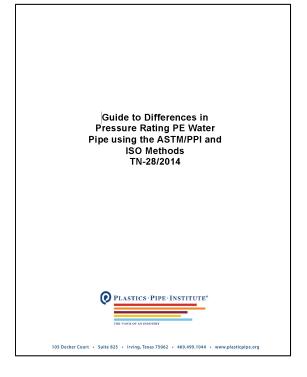




PP: Long-term (Sustained) Pressure

- Product standards have requirements for <u>long-term</u> (sustained) pressure ratings:
- PP materials follow ISO methodology for long-term pressure ratings
- See PPI TN-28 for details







PP: Long-term (Sustained) Pressure

- Product standards have requirements for <u>long-term</u> (sustained) pressure ratings:

- PP Pipe, Minimum Requirements:

- **PP-R**: 2,320 psi Hoop stress at 68°F; 510 psi Hoop stress at 203°F

- **PP-RCT**: 2,175 psi Hoop stress at 68°F; 551 psi Hoop stress at 203°F



| TABLE 11 Hydrostatic Test Conditions | | | | | | | | | |
|--------------------------------------|----------------------------|-------------------------|------------|--|--|--|--|--|--|
| Material | Hoop Stress, psi, (MPa) | Temperature, °F (°C) | Time, h | | | | | | |
| PP-R | 2320 (16.0) 510 (3.5) | 68 (20) 203 (95) | 1 1000 | | | | | | |
| PP-RCT | 2175 (15.0) 551 (3.8) | , | | | | | | | |
| PP-RCT | 2175 (15.0) | 68 (20) ² | | | | | | | |

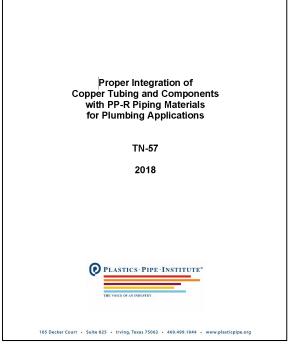


PP: Compatibility with dissolved Copper

- PPI TN-57 Proper Integration of Copper Tubing and Components with PP-R Piping Materials for Plumbing Applications

- Improper or excessive flow rates within mixed-material plumbing systems that contain both copper materials (i.e. tubing, fittings, valves) combined with PP-R piping materials can result in premature failure of both the copper components and the PP-R materials, potentially resulting in plumbing system leaks







PP: Code Compliance

- **Plumbing**: PP pipe and fittings are listed within model codes such as the International Plumbing Code (IPC), Uniform Plumbing Code (UPC), and National Standard Plumbing Code (NSPC) for plumbing distribution
- **Mechanical**: PP pipe and fittings are listed within model codes such as the *International Mechanical Code* (**IMC**), *Uniform Mechanical Code* (**UMC**), and *Uniform Solar, Hydronics, and Geothermal Code* (**USHGC**) for hydronic piping







Summary: Piping materials in terms of material properties, joining systems, applications, standards, and code compliance

Prologue Universal requirements

1.a CPVC chlorinated polyvinyl chloride

1.b HDPE high-density polyethylene

1.c PEX crosslinked polyethylene

1.d PE-RT polyethylene of raised temperature resistance

1.e PP polypropylene





This Learning Objective focuses on plastic pipes in applications:

- 2.a Plumbing distribution (hot- and cold-water supply)
- **2.b** Fire protection (sprinklers)
- 2.c Hydronic heating and cooling (including radiant heating & cooling)
- 2.d Snow & ice melting (for outdoor surfaces)
- **2.e** Geothermal ground loops (geothermal)
- **2.f** District heating applications (buried pipelines)



2.a Hot- and Cold-Water Plumbing Distribution

- PEX, PE-RT and CPVC are used for residential plumbing supply pipes
- CPVC, PEX and PP are commonly used in commercial applications
- Some systems use both flexible (PEX, PE-RT) and rigid (CPVC, PP) pipes

- Plastic piping systems save costs and last longer
- Plastic pipes are corrosion-resistant, no build-up
- Pipes are quieter and transfer less heat
- Optimized designs can save water
 - Hot-water recirculation reduces waste
 - Design tools help to optimize flowrates

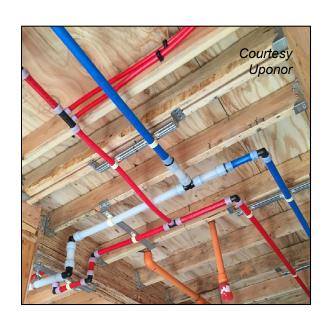




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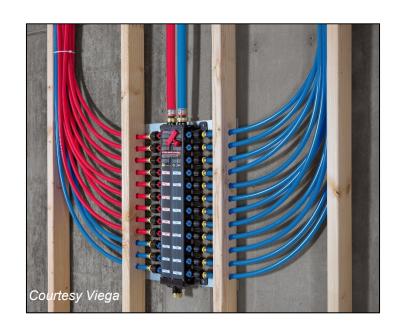




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2.a Hot- and Cold-Water Plumbing Distribution

Case Study:

- High-rise residential towers, 300,000 ft²
- 78,000 feet of PEX tubing for hot- and cold-water plumbing distribution
- Corrosion-resistant
- Faster installation
- Reduced heat transfer
- Quieter



PEX SAVES TIME AND MONEY FOR RESIDENTIAL HIGH RISE PLUMBING SYSTEMS

VANCOUVER, B.C. — John Jacobsen of Phoenix Mechanical is so impressed with WISBRO AQUAPEX, he won't use anything else.

Time is money — especially in the building industry. John Jacobsen of Phoenix Mechanical in Vancouver, B.C., reaffirmed this belief when he began using UPONOR'S crosslinked polyethylene (PEX) tubing for his plumbing systems.

Jacobsen switched to PEX tubing after learning about its benefits over copper fexibility, durability, reliable fittings, faster installations and a 30-year history of dependable service. WISBRO AOUAPEX is also extremely resistant to corrosive water and soil that can eat away at copper pipe, and it comes with a 25-year limited warranty when installed by an UPONOR-trained humber.

Since installing WISBRO AQUAPEX in all his projects, Jacobsen has realized great time savings, money savings and a more reliable plumbing system.

"The flexibility of PEX allows us to eliminate many of the fittings that were required with copper," Jacobsen says. "This means our systems are installed faster and at a lower cost."

Phoenix Mechanical works with one of Vancouver's largest developers, Concord Pacific, which has built 41 residential highand low-rise buildings in the past few years. Three of their buildings, which contain over 300 units each, are plumbed with more than 120,000 feet of PEX tubing.

In these buildings, PEX is tied to structural rebar in the concrete slab. Using flexible PEX tubing eliminates joints within the slab and cuts installation time by approximately 50% when compared with copper.

"I have used WISBRO AQUAPEX since the day it was approved in Vancouver, and I think it is an absolutely wonderful product."
Jacobsen said. The installation is fast and easy, and the tubing can be buried directly in concrete — something the codes won't allow us to do with copper. We put the tubing in a sleeve so it can easily be removed in case of construction damage."



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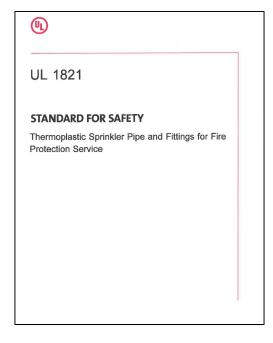
2.b Fire Protection

- Piping materials **CPVC** and **PEX** have been listed for residential fire sprinkler systems since the <u>1980s</u> and <u>1990s</u>, respectively
- According to installation standard NFPA 13D, where the intent is to provide an
 affordable sprinkler system in homes while maintaining a high level of life safety,
 CPVC and PEX fire sprinkler systems that are listed to system standard UL 1821 are
 approved to supply water to fire sprinklers for one- and two-family dwellings
- **UL 1821** is the system performance standard for plastic fire protection systems



2.b Fire Protection

- UL 1821 Thermoplastic Sprinkler Pipe and Fittings for Fire Protection Service
- **1.2** "Thermoplastic pipe and fittings covered by these requirements are intended for use in sprinkler systems in any of the following types of occupancies:
 - a) Light hazard occupancies as defined in the Standard for Installation of Sprinkler Systems, **NFPA 13**;
 - b) Residential occupancies as defined in the Standard for Installation of Sprinkler Systems in One- and Two-Family Dwellings and Manufactured Homes, NFPA 13D; and
 - c) Residential occupancies as defined in the Standard for Installation of Sprinkler Systems in Low-Rise Residential Occupancies, NFPA 13R."





2.b Fire Protection

- CPVC, when listed, can be used for NFPA 13D, NFPA 13R, and NFPA 13 light hazard fire protection applications built according to codes
- Each brand / pipe must be tested and third-party certified for FP applications

- Plastic piping systems save costs and last longer
- Plastic pipes are corrosion-resistant, no build-up
- Plastic systems are joined without flame
 - No hot-work permits required





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2.b Fire Protection

- PEX is used for residential fire protection applications built according to NFPA 13D
- Each brand / pipe must be tested and third-party certified for FP applications

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- Plastic systems are joined without flame
 - No hot-work permits required





2.b Fire Protection

Case Study:

- Dormitory retrofit, University of Notre Dame (IN)
- 750,000 ft² in 12 buildings
- 8,000 sprinkler heads
- Installed during winter & summer breaks, 7 months
- Chosen due to speed, no hot work, resistance to corrosion and MIC



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2.c Hydronic Heating & Cooling

- Water (R718) is the optimal heat transfer medium or fluid
- Typical hydronic systems actually outperform VRF (variable refrigerant flow) systems by 30 to 40 percent thanks mainly to lower pumping costs
- Hydronic distribution systems do not distribute refrigerants throughout buildings



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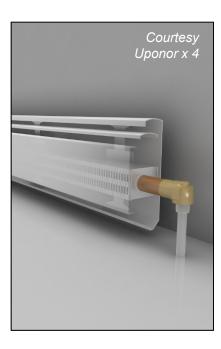
2.c Hydronic Heating & Cooling

- All plastic piping materials in this presentation are suitable for hydronic heating & cooling distribution throughout buildings









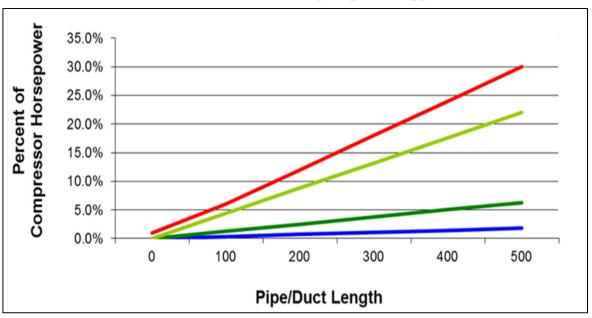


2.c Hydronic Heating & Cooling

- The chart below compares the energy used by various systems to distribute heating or cooling capacity throughout a building
- Source: HIA-C
- www.iapmo.org/hiac

Hydronic Air (Low Pressure VVT) Air (Medium Pressure VAV) Refrigerant (VRF)

Distribution/Pumping Energy

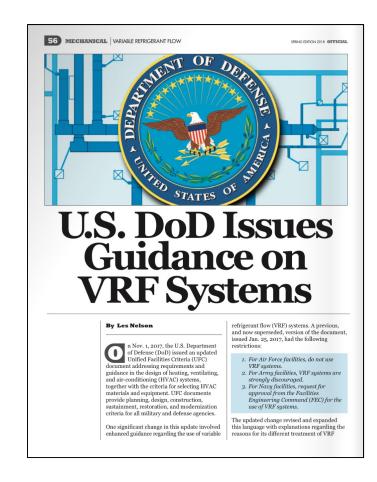




2.c Hydronic Heating & Cooling

- Information from DOD on VRF systems
- Source: HIA-C

- For Air Force facilities, do not use VRF systems.
- For Army facilities, VRF systems are strongly discouraged.
- For Navy facilities, request for approval from the Facilities Engineering Command (FEC) for the use of VRF systems.





2.c Hydronic Heating & Cooling

- Information from DOD on VRF systems

- Source: HIA-C



ENGINEERING AND CONSTRUCTION BULLETIN

of Engineers. No. 2017-7

Issuing Office: CECW-CE **Issued:** 22 Mar 17

Expires: 22 Mar 19

SUBJECT: Changes to UFC 3-410-01, Heating, Ventilating and Air Conditioning Systems, with Change 3

CATEGORY: Directive and Guidance

REFERENCES:

- a. Unified Facilities Criteria (UFC) 3-410-02, Lonworks ® Direct Digital Control for HVAC and other Local Building Systems, with Change 1
- b. Unified Facilities Criteria (UFC) 3-410-01, Heating, Ventilating and Air Conditioning Systems, with Change 3
- 1. The following changes to the HVAC Systems UFC were recently completed.
- 2. A paragraph on Variable Refrigerant Flow (VRF) Systems has been added to the HVAC Systems UFC (Par 3-5.16). VRF Systems will no longer be permitted in Air Force facilities. The Army will allow VRF Systems; however, they will be strongly discouraged. The Navy is not restricting VRF systems as long as they comply with ASHRAE 15 Safety Standard for Refrigeration Systems.

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2.c Hydronic Radiant Heating, Radiant Heating & Cooling

- **PEX** or **PE-RT** tubing is typically embedded in floors, walls or ceilings
- Heated or chilled water is circulated through the tubing for energy transfer
- The most comfortable and efficient method to heat or cool any space

- Improved thermal comfort, silent
- Architectural freedom, invisible
- Energy flexibility, controllability
- Reduced temperature stratification
- Higher overall system efficiency
- Radiant systems help to achieve compliance with ASHRAE Standard 55
 Thermal Conditions for Human Occupancy





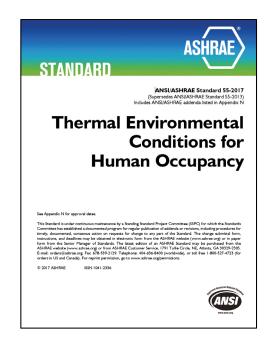
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- The most comfortable and efficient method to heat or cool any space

System Benefits:

- Improved thermal comfort, silent
- Architectural freedom, invisible
- Energy flexibility, controllability
- Reduced temperature stratification
- Higher overall system efficiency
- Radiant systems help to achieve compliance with ASHRAE Standard 55

Thermal Conditions for Human Occupancy





2.c Hydronic Radiant Heating, Radiant Heating & Cooling

- In cooling mode, radiant surfaces are regulated, temperatures stay above the dew point
- Radiant designers are well aware of how to design and control these systems

Case Study:

- San Francisco Pier 15 Exploratorium
- 330,000 ft², Net-Zero, LEED® Gold
- 200,000 feet of PEX tubing embedded in concrete floor
- System operates in radiant heating or radiant cooling mode





2.d Snow and Ice Melting (SIM)

- SIM systems augment the removal of snow and ice by circulating a heat transfer fluid through plastic pipes

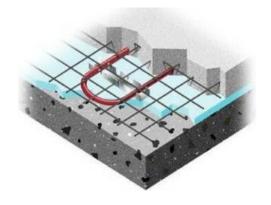
- Convenience
- Increased safety and reduced liability
- Minimized environmental impact
- Lower operating costs
- Long-lasting reliability

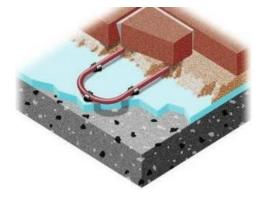


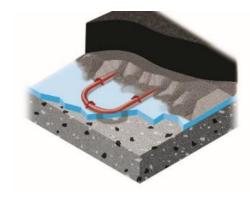


2.d Snow and Ice Melting (SIM)

- **PEX** or **PE-RT** tubing is embedded in or below outdoor surfaces
- Outdoor moisture sensors can detect when operation is needed
- Heated antifreeze (glycol + water) is circulated through the tubing for energy transfer







Courtesy REHAU x3



2.d Snow and Ice Melting (SIM)

- Typical applications (residential, commercial, institutional, industrial)
 - Sidewalks
 - Steps
 - Pool decks
 - Driveways
 - Ramps
 - Roads
 - Parking garages
 - Train stations
 - Hangers
 - Aviation surfaces





2.d Snow and Ice Melting (SIM)

- <u>ASHRAE HVAC Applications</u> "Ch. 51 Snow Melting and Freeze Protection" provides guidance to designers

| 51.4 | | 2015 ASHRAE Handbook—HVAC Applications | | | | |
|------|------------------------------------|--|--|--|--|--|
| | Table 1 Frequencies of Snow-Meltin | Table 1 Frequencies of Snow-Melting Surface Heat Fluxes at Steady-State Conditions ^a | | | | |
| | Snowfall Snow-Free | Heat Fluxes Not Exceeded During Indicated Percentage of Snowfall Hours from 1982 Through 1993. Rtu/h-ft ^{2 b} | | | | |

| Location | Snowfall Hours per Year | Snow-Free Area Ratio, | Heat Fluxes Not Exceeded During Indicated Percentage of Snowfall Hours from 1982 Through 1993, Btu/h·ft ^{2 b} | | | | | |
|-----------------|-------------------------------|--------------------------|--|-----|-----|-----|-----|------|
| | | | 75% | 90% | 95% | 98% | 99% | 100% |
| Albany, NY | 156 | 1 | 89 | 125 | 149 | 187 | 212 | 321 |
| | | 0.5 | 60 | 86 | 110 | 138 | 170 | 276 |
| | | 0 | 37 | 62 | 83 | 119 | 146 | 276 |
| Albuquerque, NM | 44 | 1 | 70 | 118 | 168 | 191 | 242 | 393 |
| | | 0.5 | 51 | 81 | 96 | 117 | 156 | 229 |
| | | 0 | 30 | 46 | 61 | 89 | 92 | 194 |
| Amarillo, TX | 64 | 1 | 113 | 150 | 168 | 212 | 228 | 318 |
| | | 0.5 | 71 | 88 | 108 | 124 | 142 | 305 |
| | | 0 | 24 | 46 | 62 | 89 | 115 | 292 |
| Billings, MT | 225 | 1 | 112 | 164 | 187 | 212 | 237 | 340 |
| | | 0.5 | 64 | 89 | 102 | 116 | 128 | 179 |
| | | 0 | 22 | 33 | 45 | 60 | 68 | 113 |
| Bismarck, ND | 158 | 1 | 151 | 199 | 231 | 275 | 307 | 477 |
| | | 0.5 | 83 | 107 | 124 | 148 | 165 | 243 |
| | | 0 | 16 | 30 | 39 | 60 | 73 | 180 |



2.d Snow and Ice Melting (SIM)

- Operating costs are often 50% less expensive (or better) than typical contracting costs for mechanical snow removal, plus frequent sanding and salting (and the inconvenience and cost of snow banks left behind)
- Plus, the SIM system is automatic and is always on time
- **Example**: National Museum of the American Indian, Washington, DC



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2.d Snow and Ice Melting (SIM)

- Operating costs are often 50% less expensive (or better) than typical contracting costs for mechanical snow removal, plus frequent sanding and salting

Case Study:

- Solara development, Vail, Co
- 60,000 ft² of outdoor surfaces melted
- 200,000 feet of PEX tubing installed outdoors
- Sidewalks, steps, street, parking areas
- Multiple sensors, multiple zones



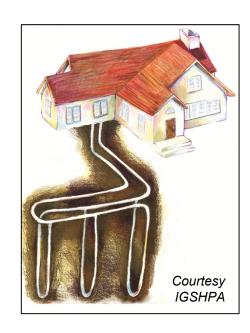




2.e Ground Source Geothermal

- Ground source heat pumps are the most efficient source of heating and cooling energy for any type of building (vs. VRF, boilers, chillers, etc.)
- HDPE, PEX, PE-RT and PP piping materials are used for ground loop piping

- Systems exchange heat with the Earth ("geoexchange")
- Geothermal heat pumps can have efficiencies (COP) greater than **450**% when operating in heating mode
- Heat is rejected to the earth when cooling (high EER)
- Heat pumps are indoors, out of sight, no noise
- Low operating costs, high reliability, economical





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2.f District Heating & Cooling Pipelines

- For transferring heated or chilled fluids from one location to another, buried pipelines of plastic piping materials are often ideal

- HDPE, PEX, PE-RT and PP piping materials are used for district heating & cooling

energy transfer pipelines

- Lower costs, faster installation, no corrosion
- With pre-insulated pipes, insulation is factory-made, watertight, and consistent in R-value
- Flexible pre-insulated pipes install in long lengths with fewer joints, faster installation





2.f District Heating & Cooling Pipelines

- See ASTM F2165-19 Standard Specification for Flexible Pre-insulated Plastic Piping





Designation: F2165 – 19

An American National Standard

Standard Specification for Flexible Pre-Insulated Plastic Piping¹

This standard is issued under the fixed designation P2165; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A superscript epsilon (s) indicates an editorial change since the last revision or reapproval.

1. Scope⁸

1.1 This specification covers flexible, pre-insulated plastic piping systems commonly used to convey hot and cold fluids, including piping systems that are supplied complete with plastic carrier pipe, thermal insulation, and outer jacket manufactured as an integrated system, and are supplied in a coil or as a straight length. Both bonded and non-bonded insulation types are included. Included are requirements and test methods for material, workmanship, dimensions, and endseal testing. Requirements for markings are also given. The components covered by this specification are intended for use in, but not limited to, residential and commercial, hot- and cold-potable water distribution systems, reclaimed water, fire protection, municipal water service lines, radiant heating and cooling systems, hydronic distribution systems, snow and ice melting

mental practices and determine the applicability of regulatory limitations prior to use.

1.6 This international standard was developed in accordance with internationally recognized principles on standardization established in the Decision on Principles for the Development of International Standards, Guides and Recommendations issued by the World Trade Organization Technical Barriers to Trade (TBT) Committee.

2. Referenced Documents

2.1 ASTM Standards:2

C168 Terminology Relating to Thermal Insulation
C177 Test Method for Steady-State Heat Flux Measurements and Thermal Transmission Properties by Means of
the Guarded-Hot-Plate Apparatus

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Plumbing & Mechanical Applications

2.f District Heating & Cooling Pipelines

 HDPE, PEX, PE-RT and PP piping materials are used for district heating & cooling energy transfer pipelines

Case Study:

- Four Seasons Resort, Napa Valley, CA
- 5,000 feet HDPE in sizes 2 in. to 8 in.
- Grooved mechanical connections







Plumbing & Mechanical Applications

Summary: Plastic pipes are used in multiple applications

- 2.a Plumbing distribution (hot- and cold-water supply)
- 2.b Fire protection (sprinklers)
- **2.c** Hydronic heating and cooling (including radiant heating & cooling)
- 2.d Snow & ice melting (for outdoor surfaces)
- **2.e** Geothermal ground loops (geothermal)
- **2.f** District heating applications (buried pipelines)





This Learning Objective will show tools for sizing and designing systems

- **3.a** Sizing pipes for flow rates / calculating pressure loss (head loss)
- 3.b Addressing hydraulic shock to prevent pressure surges
- **3.c** Determining pipe weights and volumes (empty and full)
- 3.d Predicting longitudinal thermal expansion / contraction
- 3.e Sizing expansion arms & legs (for thermal expansion)



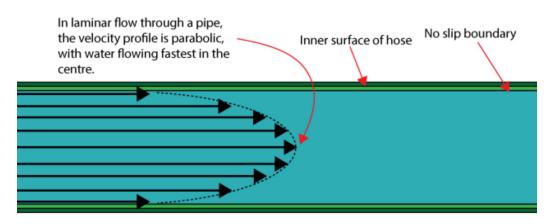






3.a Sizing pipes for flow rates / calculating pressure loss (head loss)

- Sizing pipe seems easy enough make it large enough to carry the required fluid
- Priority #1: Keep friction low to reduce pumping costs
- Priority #2: Do not exceed allowable velocities (noise, vibration, erosion)
- Priority #3: Keep fluid moving fast enough to prevent stagnation of water, mineral build-up, possible biofilm growth (<u>plumbing</u>)







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- Priority #2: Do not exceed allowable velocities (noise, vibration, erosion)
- Priority #3: Keep fluid moving fast enough to prevent stagnation of water, mineral build-up, possible biofilm growth (<u>plumbing</u>)
- Priority #4: Keep fluid moving fast enough to have turbulent flow for <u>heat transfer</u> (where heat transfer through the pipe wall is needed; e.g. radiant piping, geothermal)
- Priority #5: Cost (material and labor), space





3.a Sizing pipes for flow rates / calculating pressure loss (head loss)

- In reality, designers of hydronic heating/cooling, geothermal and other piping systems need to know <u>several factors</u> to make good decisions for sizing pipes:
- 1. Required flow rate (GPM)
- 2. Specific fluid type (water or glycol mix)
- 3. Fluid temperature (affects viscosity)
- 4. Pipe length and associated fittings
- 5. Pipe type and inside diameter
- 6. Fluid chemistry, etc.

Note: Certain data is still being added to BCD Calculator Final updates going live in 2020





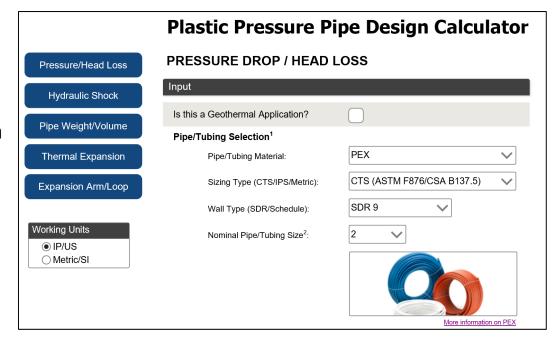
3.a Sizing pipes for flow rates / calculating pressure loss (head loss)

- Plastic Pressure Pipe Design Calculator www.plasticpipecalculator.com
- Data for all types of plastic pressure pipes

Five Sets of Functions:

- Pressure/Head Loss
- Hydraulic Shock
- Pipe Weight/Volume
- Thermal Expansion/Contraction
- Expansion Arm/Loop Design

Example: Head loss calculation with PEX tubing nominal size 2





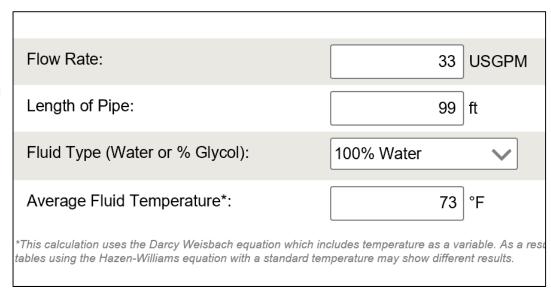
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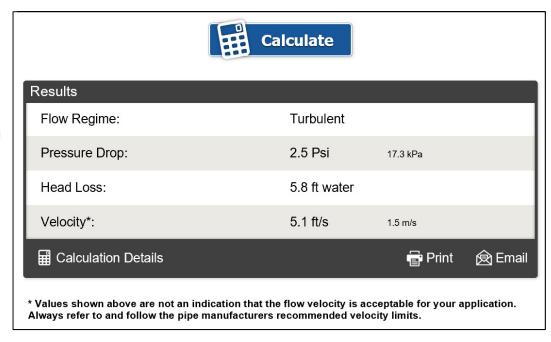
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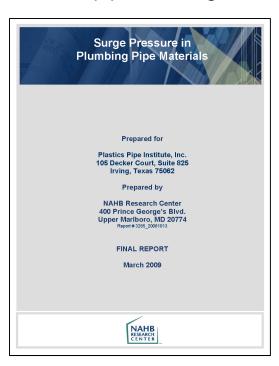
Example: Head loss calculation with PEX tubing nominal size 2

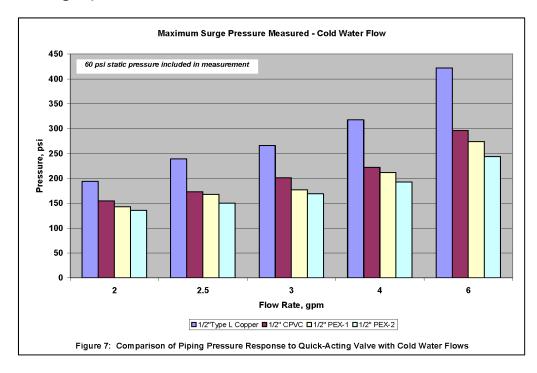




3.b Addressing hydraulic shock (surge pressures)

- NAHB report "Surge Pressure in Plumbing Pipe Materials"
- Plastic pipes can significantly reduce surge pressures & water hammer







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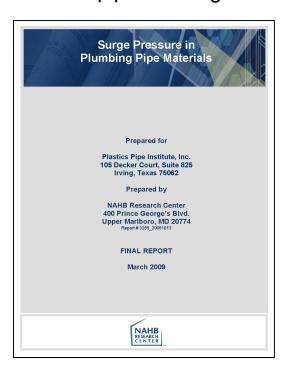


Table 3: Peak Pressure Comparison – 2.5 GPM Cold Water Flow, 54°F Water (See Figure 4b)

| | Pipe Peak 1 (psig) | % Difference | | |
|------------------|--------------------|--------------|----|--|
| ½" Type L Copper | 239 | | | |
| ½" CPVC | 173 | | 28 | |
| ½" PEX-1 | 168 | | 30 | |
| ½" PEX-2 | 150 | · | 37 | |

Table 4: Peak Pressure Comparison – 2.5 GPM Hot Water Flow, 130°F Water (see Figure 5b)

| | Pipe Peak 1 (psig) | % Difference | | |
|--------------------|--------------------|--------------|----|--|
| 1/2" Type L Copper | 181 | 0 | | |
| ½" CPVC | 149 | | 18 | |
| ½" PEX-1 | 113 | | 38 | |
| ½" PEX-2 | 109 | | 40 | |
| | | | | |



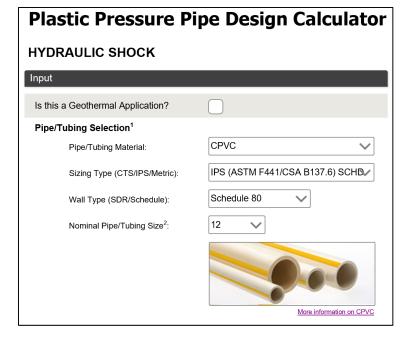
3.b Addressing hydraulic shock (surge pressures)

- NAHB report "Surge Pressure in Plumbing Pipe Materials"
- Plastic pipes can significantly reduce surge pressures & water hammer

Five Sets of Functions:

- Pressure/Head Loss
- Hydraulic Shock
- Pipe Weight/Volume
- Thermal Expansion/Contraction
- Expansion Arm/Loop Design

Example: Hydraulic shock calculation with CPVC pipe nominal size 12





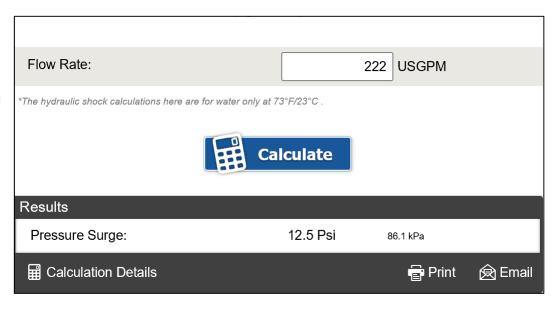
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- Plastic pipes can significantly reduce surge pressures & water hammer

Five Sets of Functions:

- Pressure/Head Loss
- Hydraulic Shock
- Pipe Weight/Volume
- Thermal Expansion/Contraction
- Expansion Arm/Loop Design

Example: Hydraulic shock calculation with CPVC pipe nominal size 12





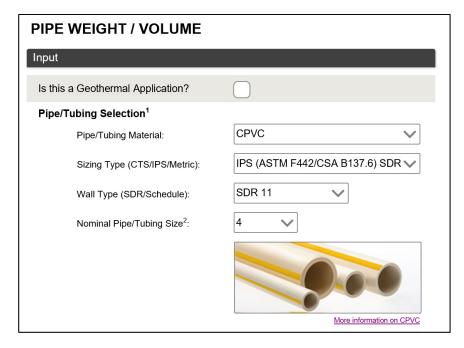
3.c Determining pipe weights and volumes (empty and full)

- Data is necessary when selecting glycol, for instance
- Data for all types of plastic pressure pipes

Five Sets of Functions:

- Pressure/Head Loss
- Hydraulic Shock
- Pipe Weight/Volume
- Thermal Expansion/Contraction
- Expansion Arm/Loop Design

Example: Pipe weight/volume calculation with CPVC pipe nominal size 4





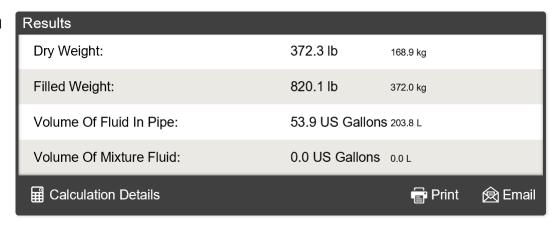
3.c Determining pipe weights and volumes (empty and full)

- Data is necessary when selecting glycol, for instance
- Data for all types of plastic pressure pipes

Five Sets of Functions:

- Pressure/Head Loss
- Hydraulic Shock
- Pipe Weight/Volume
- Thermal Expansion/Contraction
- Expansion Arm/Loop Design

Example: Pipe weight/volume with CPVC pipe nominal size 4





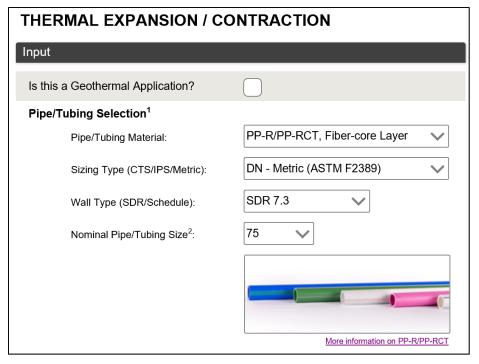
3.d Longitudinal thermal expansion/contraction

- Longitudinal thermal expansion/contraction is higher for plastics than metals
- This is accommodated in proper design

Five Sets of Functions:

- Pressure/Head Loss
- Hydraulic Shock
- Pipe Weight/Volume
- Thermal Expansion/Contraction
- Expansion Arm/Loop Design

Example: Thermal expansion/contraction calculation with PP pipe nominal size 75





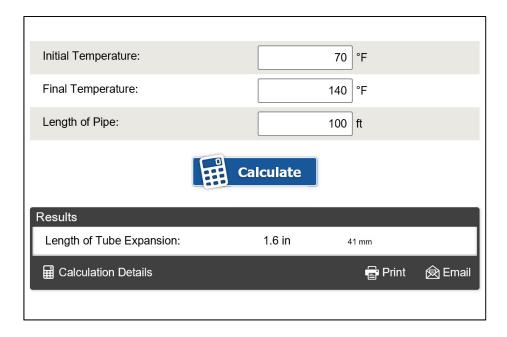
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Five Sets of Functions:

- Pressure/Head Loss
- Hydraulic Shock
- Pipe Weight/Volume
- Thermal Expansion/Contraction
- Expansion Arm/Loop Design

Example: Thermal expansion/contraction calculation with PP pipe nominal size 75





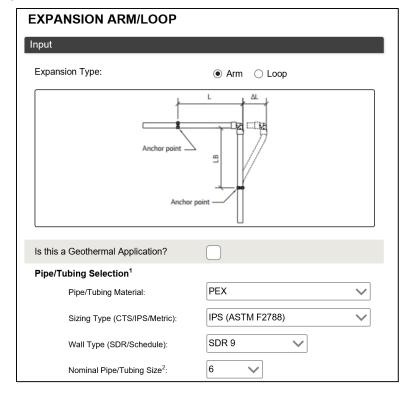
3.e Sizing expansion arms & legs

- Longitudinal thermal expansion/contraction is higher for plastics than metals
- This is accommodated in proper design

Five Sets of Functions:

- Pressure/Head Loss
- Hydraulic Shock
- Pipe Weight/Volume
- Thermal Expansion/Contraction
- Expansion Arm/Loop Design

Example: Expansion arm design with PEX pipe nominal size 6





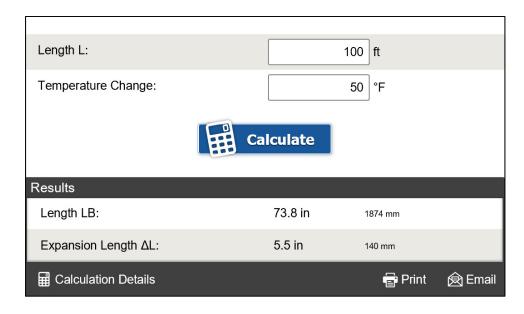
3.e Sizing expansion arms & legs

- Longitudinal thermal expansion/contraction is higher for plastics than metals
- This is accommodated in proper design

Five Sets of Functions:

- Pressure/Head Loss
- Hydraulic Shock
- Pipe Weight/Volume
- Thermal Expansion/Contraction
- Expansion Arm/Loop Design

Example: Expansion arm design with PEX pipe nominal size 6





Summary: Tools to assist with sizing and designing

- **3.a** Sizing pipes for flow rates / calculating pressure loss (head loss)
- 3.b Addressing hydraulic shock to prevent pressure surges
- **3.c** Determining pipe weights and volumes (empty and full)
- 3.d Predicting longitudinal thermal expansion / contraction
- **3.e** Sizing expansion arms & legs (for thermal expansion)



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This Learning Objective will suggest industry resources to assist with selecting & specifying pipes and systems

4.a HIA-C

4.b IGSHPA

4.c RPA

4.d PPI





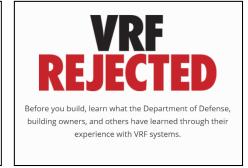


4.a Hydronics Industry Alliance-Commercial (HIA-C)

- "The Hydronic Industry Alliance-Commercial (HIA-C) is a non-profit alliance of hydronic equipment manufacturers and partners operating in North America."
- "Operating under the principle that <u>water is the most efficient and greenest energy</u> <u>transfer medium on the planet</u>, the alliance serves as a resource within the HVAC and Service Water Heating industry."











4.a Hydronics Industry Alliance-Commercial (HIA-C)

- Building Efficiency System Tool (BEST) for commercial system HVAC design
- "BEST provides annual energy consumption and lifecycle cost comparisons, based on actual system performance data, for your building's HVAC system in just minutes!
- "BEST uses AHRI-certified performance data and building energy efficiency ratings to model the HVAC system as it will operate in real life not the test lab."

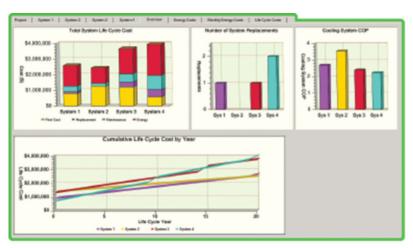


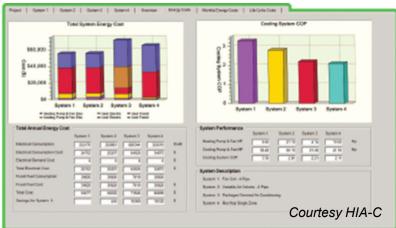




4.a Hydronics Industry Alliance-Commercial (HIA-C)

- Building Efficiency System Tool (BEST) for commercial system HVAC design
- www.iapmo.org/hiac









4.b International Ground Source Heat Pump Association (IGSHPA)

- "For more than three decades, the International Ground Source Heat Pump Association (IGSHPA) has worked to advance ground source heat pump (GSHP) technology on local, state, national, and international levels."

- www.igshpa.org



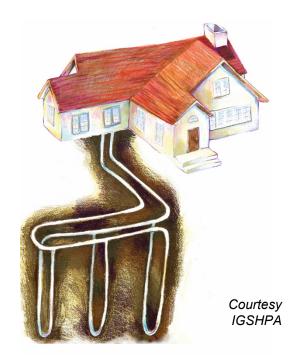




4.b International Ground Source Heat Pump Association (IGSHPA)

IGSHPA provides multiple tools to the industry, as well as training programs

- Guides, manuals
- Technical explanations
- Conferences
- Access to "accredited installers" through website
- Most comprehensive Geothermal "code" is ANSI/CSA/IGSHPA C448
- www.igshpa.org







4.c Radiant Professionals Alliance (RPA)

- "The RPA is an international trade association comprised of individuals and companies dedicated to increasing the use of radiant heating and cooling technologies through education and the development of codes and standards language reflecting best practices."
- "Guiding the future of the radiant and hydronics industry through technical expertise for code development, professional certification, and industry advocacy."
- Adaptability, Architectural freedom, Control, Efficiency, Invisibility, Longevity, Reduced maintenance, Safety the Advantages of Hydronic Radiant Systems





4.c Radiant Professionals Alliance (RPA)

- Education at conferences (E.g. AHR)
- Radiant Comfort Guide
- Webinars, manuals
- ASSE 19210, Hydronics Heating and Cooling Installer Professional Qualification Standard
- www.radiantpros.org



HYDRONIC Slob on Grade Rediant fulling is embedded in cement. The fubring is hybically affached to motal mesh with plastic fies. A 4-inch slob is most typical. The fubring is best for the function of the fubring is best for the fubring is the fubring in the fubring is best for the fubring is fubring in the fubring is best for the fubring is fubring in the fubring is fubring in the fubring is disching for the fubring is disching fubring in the fubring is disching fubring in the fubring is fubring in the fubring in the fubring is fubring in the fubring in the fubring is fubring in the fubring in the fubring in the fubring is fubring in the fubring in the fubring in the fubring is fubring in the fubring in the fubring in the fubring is fubring in the fubring in the fubring in the fubring is fubring in the fubring in the fubring in the fubring is fubring in the fubring in the fubring in the fubring in the fubring is fubring in the fubring in th

Estimated Assembly R-value*: R-1.3 - R-1.8 (pipe + 3/4-inch plywood only)

Structural Readians Subfloor with Aluminum and Grooves
Permandactured 1-18-inch-thack panels have groosed for buting and an
Permandactured 1-18-inch-thack panels have groosed for buting and an
Permandactured 1-18-inch-thack panels in this case, very
serve boths as the structural subfloor and as the channel into which the buting is
installed. The aluminum sheet makes the system accelerate racidity and spreads
out the heat. Sturing is installed 15 inches on center in the grooves.

www.radiantpros.org >>> Radiant Comfort Guide >>> 31

Estimated Assembly R-value*: R-0.6

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4.c Radiant Professionals Alliance (RPA)

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- Webinars, manuals
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- www.radiantpros.org

TOP RADIANT TRENDS

is good for radion in-floor applications," Freidt says, though he adds that the "up-front cost of the boiler system can be a barrier to cost-conscience buyers." "Underfloor healting is particularly attractive with hard-surface flooring,

"Underfloor heating is porticularly official read-surface flooring, whether if the hardwood, laminate or file, "Uponor Serior Business Advisor Dele Strout says." And with hards surface flooring continuing to grow in popularity, especially with tile surfaces that feature woodgrain-like appearances, the use of radiant marrier very well with this tend." Modular flooring is a major frend. Modular flooring is a major frend.

Modular flooring is a major trend affecting the radiant heating market "It has made putting in radiant heated flooring much easier than it used to be," Omer-Cooper says. "PEX tubing has also made installing radiant heated flooring easier.

"The rising popularity of hard flooring surfaces like laminate, concrete and hardwood also has contributed to a rise in radiant heated floor systems because these types of floors generally are colder underfoot," he adds. "Ullimately, radiant flooring is growing in popularity because people don't like to he add."

The advent of new file products has also created an increase in electric radiant applications.

electric radant applications. "These new Mooring options have expanded the use of hard surfaces in areas of hones where carpet or wood have fraditionally been used, Marshall says. The use of the is a natural fit for an electric product. Add to this the stiff in homeowners allocating more resources to miprove existing home values, and we've seen an increase in electric radant applications.

THE ROLE OF TRAINING

Manufacturers and distributors of radiant products recognize how quickly radiant technologies are changing and are ensuring ample training apportunities for radiant professionals. But how this training is offered may soon be changing. "Training has always been a focus for our inclustry, and that continues to day." Mosthall says "Innovation never stops, and the read to present these new products and techniques is always present. Add to that the constant rotation in the face with new tradesmen entering the field adily, and if makes training an important function. The methods for faining, however, have evolved to include more horaction and interactive experiences and more field-based role-playing to give installers of some to practice with

actual install conditions."
"Good, quality training
opportunities exist, provided by
radiant heat product manufacturers,
but the audiences are small due to
the industry workforce shortage."
Freid says. "Today's training materials
must be excludible online, friendly to

today's tools — iPads, laptops and phones — and available 24/7 for convenient access. Actual in-class training has become very rare.

"Caleff provides high-quality industry training in the form of onehour webinars that are anothered on YouTube for viewing at the convenience of the workforce, and our technical journal islandies, which is a printed and electronic technical in a printed and electronic technical reference, is used by many radiant and plumbing industry engineers, accelers and contractors." Feliat

Oilinger says Uponor is responding to the need for more accessible training by "ofering several different avenues for contractors to learn, including austratives the hind courses, job-site training venues and online training opportunities. Also, offering continuing acutations



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4.d The Plastic Pipe Institute (PPI)

- "PPI is a 501(c)(6) non-profit trade association representing all sectors of the plastic pipe industry across North America.
- "Based in Irving, TX, PPI's five divisions provide expertise about piping materials, design, applications, standards requirements, and code compliance."





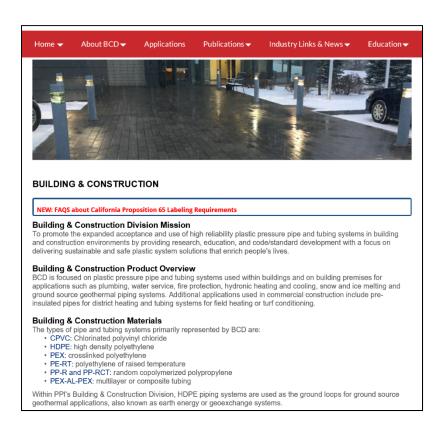


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4.d The Plastic Pipe Institute (PPI): Building & Construction Division

- Webpage for each piping material
- Technical Publications & Guides
- Plastic Pressure Pipe Design Calculator
- Webpages on all major Applications
- Magazine articles
- Educational videos
- Case studies
- Presentations and recorded webinars
- Lists of Members and Producers
- www.plasticpipe.org



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CROSSLINKED POLYETHYLENE (PEX)

PEX tubing comes in nominal sizes ranging from 1/4 to 3 in. copper tube size (CTS), and pipe sizes in both inch and metric sizes. PEX tubing is SDR9 with standard hydrostatic pressure ratings of 160 psi at 73°F (1105 kPa at 23°C) and 100 psi at 180°F (690 kPa at 82°C). Consult the specific PEX manufacturer's literature and listings for appropriate pressure ratings. PEX tubing and pipe are sold in coils and straight lengths.

Definition: PEX is a polyethylene material which has undergone a change in molecular structure using a chemical or a physical process whereby the polymer chains are chemically linked. Crosslinking of polyethylene into PEX for pipes results in improved properties such as elevated temperature strength and performance, chemical resistance and resistance to slow crack growth.

Overview: PEX is a high-temperature flexible plastic pressure pipe with over 40 years of successful use in the European market, including extensive testing for durability and material performance. It was first introduced in North America in the early 1980s and is widely used for plumbing, water service, fire protection, hydronic heating and cooling, snow and ice melting and ground source geothermal piping systems. PEX is approved in all model plumbing and mechanical codes across the United States and Canada, and some PEX pipe is listed for use in fire sprinkler systems as defined in NFPA standard 13D.

PEX Advantages

- · Safety of potable water and long-term reliability
- · Resistance to corrosion, tuberculation, deposits
- Chlorine and chloramine resistance
- · Flexibility to speed installations
- Freeze-break resistance
- Lightweight, easy to transport
- Noise and water hammer resistance
- No scrap value, avoiding jobsite theft
- Durability and toughness to survive jobsite installations
 No flower used for joining with many fitting and joining entire.

No flame used for joining, with many fitting and joining options

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BUILDING & CONSTRUCTION RELATED LITERATURE

Statements

- PPI Technical Response to "Metal Accumulation in Representative Plastic Drinking Water Plumbing Systems"
- Statement A Relative Oxidative Aggressiveness of Chloramines and Free Chlorine Disinfectants on Crosslinked Polyethylene (PEX) Pipes Used in Treated Potable Water
- Statement Y Taste and Odor of Drinking Water from Plastic Piping Systems

Recommendations

- Recommendation E Recommendation Against Mixing Hydronic Heating Water with Potable Water
- Recommendation F Testing PEX Pipe and Tubing Systems with Air
- · Recommendation G Epoxy Pipe Coatings

Position Papers

- Installation of CPVC Fittings Within and Under Concrete Slabs
- · Installation of PEX Fittings Within and Under Concrete Slabs

Technical Notes

- TN-17 Crosslinked Polyethylene (PEX) Pipe & Tubing
- TN-26 Erosion Study on Brass Insert Fittings used in PEX Piping Systems
- TN-31 Differences Between PEX and PB Piping Systems for Potable Water Applications
- TN-32 UV Labeling Guidelines for PEX Pipes
- TN-39 Recommended Practices Regarding Application of Pesticides and Termiticides near PEX Pipes
- TN-52 Guide to High-Temperature Applications of Non-Potable PEX Pipe and Tubing Systems
- TN-53 Guide to Chlorine Resistance Ratings of PEX Pipes and Tubing for Potable Water Applications
- TN-55 Plastic Piping Materials for Geo Applications
- TN-56 Plastic Piping Materials Near Recessed Lighting Fixtures
- TN-57 Proper Integration of Copper Tubing and Components with PP-R Piping Materials for Plumbing
 Applications
- TN-62 Suitability and Fitness of CPVC Piping Systems for Commercial Building Applications

Technical Reports

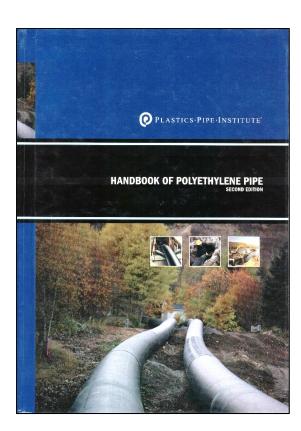
- PPI Technical Response to AWWA Journal Paper 11-17
- TR-11 Resistance of Thermoplastic Piping Materials to Micro- and Macro-Biological Attack
- TR-48 R-Value and Thermal Conductivity of PEX and PE-RT
- Fixture Flow Rate Comparison Cross-Linked Polyethylene (PEX) Piping and Copper Tubing
- NAHB-RC Surge Pressure in Plumbing Pipe Materials
- Jana Report 05-1059 Proposal for the Evaluation of the Chlorine Resistance of UV Exposed PEX Pipe
- Jana Report 09-1190 Usage and Effects of Chlorine Dioxide on PEX Plumbing
- Jana Report (2003) Oxidative Resistance of Sulfone Polymers to Chlorinated Potable Water
- Jana Report Chlorine Resistance Testing of PEX Piping Materials

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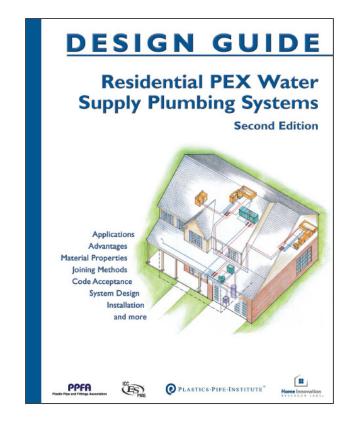
- Webpage for each piping material
- Technical Publications & Guides
- Example: Handbook of Polyethylene Pipe, 2nd Edition





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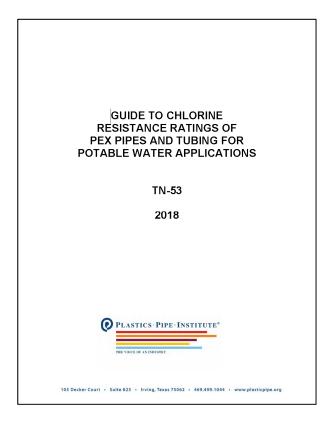
- Webpage for each piping material
- Technical Publications & Guides
- Example: **DESIGN GUIDE Residential PEX Water Supply Plumbing Systems**





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- Webpage for each piping material
- Technical Publications & Guides
- Example





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BCD APPLICATIONS

PPI's Building & Construction Division (BCD) is focused on plastic pressure pipe and tubing systems buildings and on building premises for a wide variety of applications:

- Fire protection
- Geothermal ground loops
- · Hot- and cold-water plumbing distribution
- · Outdoor snow and ice melting
- Radiant heating and cooling systems
 - · Radiant Control Systems
 - Thermal Comfort Radiant Heating & Cooling
- · Reclaimed water piping
- · Turf conditioning
- · Water service lines
- · Chilled water piping
- District heating and cooling
- Flexible pre-insulated piping
- · Hydronic piping and distribution

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CASE STUDIES

Hydronic Piping

Mechanical Joining System Benefits New Napa Valley Resort

These Pipes Make HVAC Systems Run More Efficiently

Plumbing

- Riyadh, Saudi Arabia: King Abdullah Financial District (KAFD) Development Chooses Plastic Pipes for Heating/Plumbing Needs
- Boston-Area "Quiet House" Offers Unique Selection of Noise-Reducing Features
- Prestigious Westgate Building in Austin Save Over \$1 Million in Repiping Expenses as Result of Innovative Plumbing Design and Conversion to Flowguard Gold CPVC
- Psychiatric Hospital Preserves Patient Comfort and Safety While Replacing Failed Plumbing in Main Care Facility
 Dallas-Based G-H Plumbing Calculates Substantial Savings with Installation of Flowguard Gold CPVC Pipe and Fittings
- Award-Winning Custom Builder Solves Aggressive Water and Noise Problems with High-Performance CPVC Plumbing SystemAward Winning Building
- · Homeowners, Frustrated by Pinhole Leaks in Copper Plumbing, Find Relief with PEX
- · Uponor PEX Saves Time and Money for Residential High Rise
- Uponor Plumbing Systems Overcome Re-pipe Challenge

Radiant Heating & Cooling

- · PEX Pipe Helps Zoo Provide Comfort to Animals and Visitors While Reducing Energy Use and Costs
- FedEx® Air Hanger Radiant Heating System
- Harley Davidson Liberal, KA Heating & Cooling System
- · LUMENHAUS at Farnsworth House Geothermal Ground Loop Heat Exchanger
- · Mercedes Benz Burlington Heating and Snow and Ice Melt System
- Pier One Radiant Heating and Cooling System
- Spring Creek Mountain Village Radiant Heating
 YWCA Toronto Elm Center Radiant Heating & Cooling
- Color This Radiant Home GREEN Branson MO
- Clean Heat and Comfortable Warmth Make Breathing Easier



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BCD Members

Pipe and Fittings Manufacturers

Aquatechnik North America

Aquatherm

Asahi-America

Auray Managing S.L. Bow Plumbing Group

Centennial Plastics, Inc.

Charter Plastics, Inc.

Flying W Plastics

Golan Plastic Products LTD

Heatlink Group Inc IPEX USA LLC

Legend Valve

Mercury Plastics LLC

Mr. PEX Systems

NUPI Americas

Poloplast

REHAU Inc.

Reliance Worldwide Corp.

Rifeng Systems Co., LTD

Teel Plastics Uponor, Inc.

Versaprofiles Products Inc.

Victaulic Viega LLC

Watte Water

Watts Water Technologies

WL Plastics Corp

WRW Westfalische Rohrwerke GmbH

YogaPipeACR Zurn PEX, Inc.



Summary: Resources to assist with selecting & specifying piping systems

- 4.a HIA-C
- 4.b IGSHPA
- 4.c RPA
- **4.d** PPI









Summary

At this time, participants should be able to:

- **1.** Describe the <u>piping materials</u> CPVC, HDPE, PEX, PE-RT & PP in terms of material properties, capabilities, joining systems, applications, standards, and code compliance
- 2. Indicate where and how to use these materials in <u>applications</u> such as plumbing distribution, fire protection, hydronic heating and cooling, snow & ice melting, geothermal ground loop, and district heating applications
- **3.** Discuss the <u>design</u> of piping materials in terms of sizing for flow, pressure loss, thermal expansion/contraction, etc. using a publicly-available software program
- **4.** Explain how to access industry <u>resources</u> related to selecting and specifying the right piping material(s) for various applications

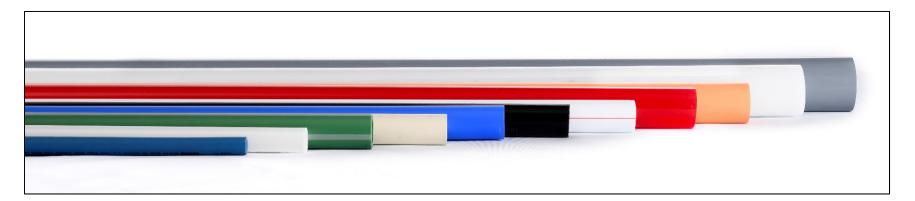
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Conclusion

Plastic piping systems can deliver the optimum combination of performance, efficiency, cost and longevity

When applied correctly, plastic piping systems can improve buildings' comfort, efficiency, and operating costs





Plastic Pressure Piping Materials for Plumbing & Mechanical Applications

Thank you!

Contact

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